



Figure 1. CONSORT Flow Diagram

¹ Control 3 and 4 included staff from the same organization, but two separate trainings as staff were in two geographic locations.

² One participant in the control group arrived too late to complete pre data collection, but in time to receive the full training.

³ One participant left early due to employment commitments and did not complete the training or post data collection. Two participants completed the training but were unable to fully complete post data collection due to employment commitments.