

***The Revolution* – Evaluation**

In an attempt to find out how *The Revolution* has served and informed you, we would greatly appreciate your time in completing the evaluation below.

Has *The Revolution* been a useful and entertaining mode of information?
(Please circle one) YES/NO

Please answer the following questions to the best of your knowledge:

Sexual activity helps keep immune system strong, boosts self-esteem, and ease arthritic pain.	T/F
For both men and women, orgasms tend to lose their 'good feeling' with age, nevertheless they are still possible.	T/F
Older adults lose their ability to enjoy sex.	T/F
Sex provides people with healthy blood, healthy bones, healthy heart, healthy body and a peaceful mind.	T/F
When communicating, eye contact, posture and verbal tones are not as important as the verbal message being conveyed.	T/F
There are no risks to consider before taking Viagra.	T/F
HIV can be contracted through blood, semen and saliva.	T/F
Decreased vaginal lubrication is common among senior women.	T/F
There is no cure for AIDS	T/F
Touching can make your immune system stronger and your mood lighter.	T/F

Please return to the front desk at The Evergreen Center!
Thank you! ☺

Evaluation

Rationale

Our goal is to increase the quality of life in Guelph for seniors, provide non-formal education to seniors and to provide valid and reliable information to seniors regarding aging their own sexuality. In order to assess these goals, we have created an evaluation to determine whether *The Revolution* has been an effective learning tool for the population at The Evergreen Senior's Center.

An evaluation is necessary in order to make sound decisions about the implementation of the program, such as:

- To measure effects
- To improve the process
- To provide evidence of success

Furthermore, by utilizing this 'useful feedback' *The Revolution* can be modified and tailored to the exact needs of the population. Also, by implementing an evaluation we as programmers can decipher whether or not individuals actually learned about issues regarding sexual dysfunction, increasing pleasure, physiological aspects and issues surrounding HIV/AIDS and the senior citizen.

The evaluation will also help us understand where seniors need more education and by giving them the opportunity to complete the evaluation, it will give reliable data to really understand the population and their specific needs.

This evaluation will help focus on what can be done and also look for strengths in the program. By having results, it will assist in motivating those who are going to implement the program in the future and where they should start in terms of modifications.

Directions for the instructor/Instructor's Notes:

- Hand out with the last copy of *The Revolution*, inside *The Sentinel*
- Provide an incentive for the seniors to hand them back in
 - E.g. Hand it in to receive your free pen?
- How to compile data & use it to drive future programming
- Can add own questions to the survey since it is provided on CD to test out an idea for a future program
 - E.g. would you attend a strip-aerobics class if it were offered at the Evergreen Senior's Centre?
 - Would you attend an educational seminar on _____ (topic) _____?
 - Would you like to see more issues of *The Revolution*?